

Aksoy U, Sen F, Meyvaci KB (2012) Effect of post-harvest carbon dioxide application on storage pests and fruit quality of dried figs. In: Navarro S, Banks HJ, Jayas DS, Bell CH, Noyes RT, Ferizli AG, Emekci M, Isikber AA, Alagusundaram K, [Eds.] Proc 9th. Int. Conf. on Controlled Atmosphere and Fumigation in Stored Products, Antalya, Turkey. 15 – 19 October 2012, ARBER Professional Congress Services, Turkey pp: 166-171

EFFECT OF POST-HARVEST CARBON DIOXIDE APPLICATION ON STORAGE PESTS AND FRUIT QUALITY OF DRIED FIGS

Uygun Aksoy^{1*}, Fatih Sen¹ and K. Betül Meyvaci¹

¹Ege University, Faculty of Agriculture, Department of Horticulture, 35100 Izmir, Turkey

*Corresponding author's e-mail: uygun.aksoy@gmail.com

ABSTRACT

In Turkey, methyl bromide (MB), a fumigant used widely in controlling storage pests of dried figs was banned by January 1, 2007 leading to continuous search for alternatives especially for the dried fruit sector. The present experiments were designed to test the effects of carbon dioxide (CO₂) at atmospheric pressure (94 % CO₂ for 7 days in gas-tight cubes) and under high pressure (2, 3 and 5 h at 20 bars and 98% CO₂) on major storage pests (*Ephestia cautella* and *Carpoglyphus lactis*) of dried figs. CO₂ concentrations, temperature (°C) and relative humidity (%) values were monitored during treatments. Comparisons were made with control fruit treated with MB (60 g.m⁻³ for 24 h). Dried fig quality was assessed after the treatments and after 2.5 months of storage at ambient conditions. All tested CO₂ treatments controlled both of the tested pest species and had no negative effect on dried fig quality. Among tested treatments, high pressure application of CO₂ required high investment cost however was effective even at very short exposure periods as 2 h. CO₂ application in gas-tight cubes was recommended as a low-cost alternative despite its longer exposure requirement. CO₂ fumigation is allowed in organic certification systems and thus can be recommended for organic dried figs and other fruit and nuts that have a high demand in the organic market.

Key words: *Ficus carica*, controlled atmosphere, *Ephestia cautella*, *Carpoglyphus lactis*, fruit quality

INTRODUCTION

For many decades, Turkey has been the major dried fig producer and trader known also for its supreme dried fruit quality. However, pests may create significant problems and damage fruits if not controlled before and during storage. Major storage pests of dried figs are reported as *Ephestia cautella* Walk., *Plodia interpunctella* Hbn. (Lepidoptera: Pyralidae), *Oryzaephilus surinamensis* L. (Coleoptera: Silvanidae), and *Carpophilus hemipterus* L. (Coleoptera: Nitidulidae) in decreasing order of importance for Turkey and Greece (Turanlı, 2003; Eliopoulos and Athanassiou, 2004) whereas *Carpophilus* spp. is the main pest in California (Smilanick, 1979). *Carpoglyphus lactis* (L.) (Acari: Carpoglyphidae) may also create significant problems in stored dried figs. The pest damage occurs by feeding and by contaminating through droppings, webbing and other residues. There are tolerance limits foreseen in the dried figs market standards for each quality class (Anonymous, 2006).

Methyl bromide was the unique fumigant for disinfestation of storage pests with its wide spectrum of activity and relatively low-cost (Fields and White, 2002). However, it was banned in developed countries since 2005 and since 2007 in Turkey under the directive of the

Montreal Protocol on Substances that Deplete Ozone Layer (Schneider et al., 2003) stimulating the research work on seeking environmentally sound, user-friendly, effective and economic alternatives to methyl bromide. There are many research works performed to test fumigants, non-chemical, and chemical prevention methods against various pests in different commodities (Fields and White, 2002; Schneider et al., 2003; Aksoy et al., 2004).

Although controlled atmospheres (CA) have been considered as alternative to MB fumigation, at normal ambient temperatures, they have the limitation of long exposure times required for complete mortality (Navarro and Jay, 1987). However, the required exposure period may be comparable to phosphine fumigation (Navarro and Donahaye, 1990). The efficiency of CO₂ depends on the gas concentration, exposure period, temperature, moisture content of the product, pest species and life stage (Jay, 1984). Applying modified atmosphere under high pressure (20-25 bars) conditions are shown to shorten the required exposure period however its use is limited to high-value crops because of high investment in equipment and operation costs (Adler et al., 2000).

This study was performed as a part of the project that seeks MB alternatives suitable for the dried figs sector by testing application of CO₂ at atmospheric or high pressure conditions for the disinfestation of *Ephesia cautella* and *Carpoglyphus lactis*, and determination of their effects on dried figs quality.

MATERIALS AND METHODS

The CO₂ treatments at atmospheric or high pressure conditions were carried out on sun-dried fruit of Sarilop (= Calimyrna) fig variety. Each variable had a control group of MB treated (60 g.m⁻³ for 24 h) fruit to compare impact of treatments on dried fruit quality. The atmospheric CO₂ was maintained for 7 days in a flexible gas-tight PVC storage unit (Volcani Cube™ or GrainPro Cocoon®) with a volume of 36 m³ (capacity of 15 tonnes of dried figs). CO₂ and O₂ concentrations were daily monitored using a thermal conductivity detector (CO₂ analyzer Model 20-600, Gow-Mac Inst, USA), and an electrochemical detector (O₂ analyzer Model OxyCheck 2, David Bishop Ins., UK) at three different levels (0.8 ± 0.4% O₂, 94 ± 3% CO₂) of the PVC storage unit. Carbon dioxide treatment under high pressure was performed at commercial scale in two pressurized tanks (BuseGastek Company, Badhönningen, Germany), each of 20 m³ capacity, by using exposures of 2, 3 and 5 h at 25 bar pressure.

The fruits treated with CO₂ or MB in 25 kg boxes (37 x 53x 31 cm) were further stored at ambient conditions for 2.5 months. Six boxes were randomly taken from each treated lot and 5 kg of composite samples were used per replicate. Water activity, surface color, moisture content, total soluble solids and sugaring were analyzed to assess fruit quality. Quality parameters were checked in 4 replicates immediately after treatment and at the end of storage.

Test organisms comprised different life stages (0-24, 24-48, 48-72 h old eggs, larvae, pupae and adults) of *E. cautella* and mixed stages of *C. lactis*. Test species were placed, prior to sealing, at various locations of the cube in 100 mL perforated plastic containers possessing food. After each treatment, test insects were further transferred to the laboratory and kept at 25°C and 65% r.h. Mortality of the active stages was determined 14 days after the end of trials. Eggs and pupae mortality were determined as a failure of hatch 10 days after the end of each exposure period.

Water activity was measured by a water activity meter (TH 500, Novosina, Pfaeffikon, Switzerland) at 25°C. Moisture content was based on nominal moisture content and calculated as the percentage of water lost after 24 h of drying in a vacuum oven (VD23, Binder, Germany) at 70°C. Total Soluble Solids were quantified using a refractometer (ATC-1, Atago,

Japan) and expressed as %. Sugaring was assessed on a 1–5 scale, each class describing the fruit surface area covered by white sugar crystals (Aksoy et al., 2004).

The experiments were conducted as completely randomized design with four replicates. Significant differences among groups were determined using Duncan’s multiple range tests at $P \leq 0.05$. All computation and statistical analyses were done using SPSS (SPSS, Inc., Chicago, IL, USA) package version 19.0.

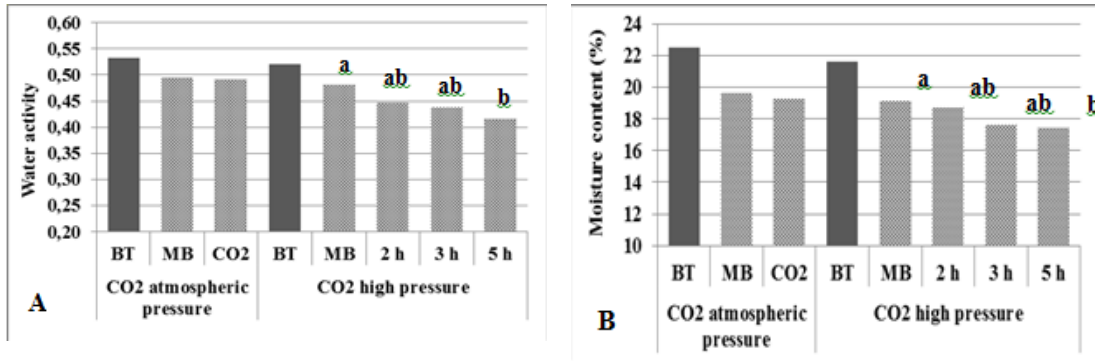


Fig. 1- Effect of 94% CO₂ at atmospheric pressure for 7 days, at 25 bar pressure for 2, 3 ad 5 h, and MB treatment on water activity (A) and moisture content (B) values after 2.5 months of storage. BT=before treatment; Significant differences of exposure to CO₂ at high pressure at $p < 0.05$ level were indicated by different letters at top of histograms.

RESULTS AND DISCUSSION

All tested variables of CO₂ and MB provided complete mortality of all stages of *E. cautella* and *C. lactis* including eggs and pupae. At high CO₂ conditions high insect mortality could be obtained in comparatively short exposure times (Navarro and Donahaye 1990).

Water activity and moisture contents of dried figs were affected only at CO₂ application under high pressure (Fig. 2A, B). Exposure to 5 h was significantly different than 2 and 3 h which were grouped together with MB treated figs. The water activity (a_w) of dried fig was relatively low thus most chemical and biochemical reactions, as well as microbiological growth, were inhibited at low a_w (Rahman and Labuza, 1999).

CO₂ applied at atmospheric pressure exerted no negative effects on color of dried figs after 2.5 months of storage and were statistically similar to the MB treated fruits. On the other hand CO₂ application for exposures varying between 2 to 5 h under high pressure lowered L*, b* and C* values significantly. Exposure to CO₂ for 5 h under high pressure resulted higher reduction in b* and C* values (Fig. 2).

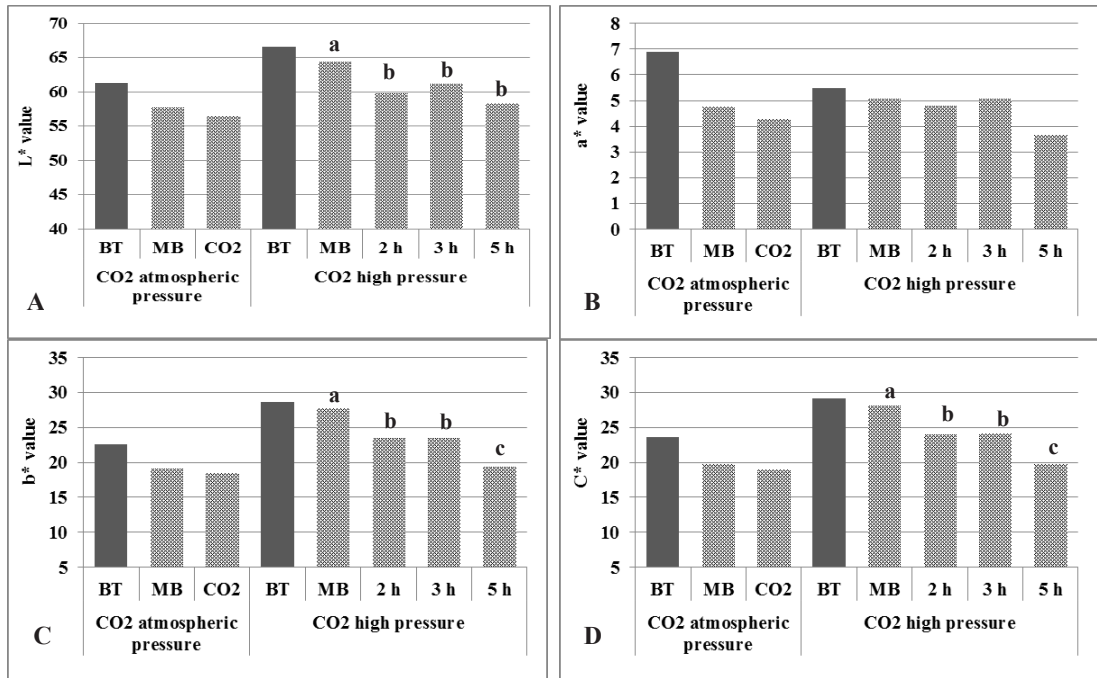


Fig. 2- Effect of 94% CO₂ at atmospheric pressure for 7 days, at 25 bar pressure for 2, 3 ad 5 h, and MB treatment on fruit colour L* (A), a* (B), b* (C) and C* (D) values after 2.5 months of storage. BT=before treatment; Significant differences of exposure to CO₂ at high pressure at p < 0.05 level are indicated by different letters at top of histograms.

The reduction in colour values show slightly darker and dull colour of dried figs treated with CO₂ at high pressure. This effect was found significant in quantitative analysis but not in visual evaluation. CO₂ had no significant effect on a* and h^o values. Color is accepted as an important quality attribute for Turkish figs which are known for their light colour. Darkening of the fruit colour and sugaring are the major quality attributes affected by the storage conditions. According to Meyvacı et al. (2003), fig fruits darken even if stored in packages containing CO₂ (as passive modified atmosphere packaging) at atmospheric pressure and ambient temperature for 7.5 months.

The tested variables did not have statistically significant effect on TSS content (Fig. 3 A). According to Fennema, (1976), dried figs lose their quality in storage and the rate of deterioration is dependent on the duration of storage and the prevailing temperature and relative humidity conditions. Atmospheric CO₂ application did not have any effect on sugaring (Fig 3 B). At 25 bar pressure sugaring was enhanced with increased exposure period (Fig. 3B). During 2.5 month storage, sugaring, a natural process under ambient conditions occurred on fruits exposed to all treatments. Incidence and severity of sugaring increase with storage temperature and time (Mitcham et al., 2012). Although sugaring has no risk in respect to food safety, in some cases consumers may consider it as a serious defect.

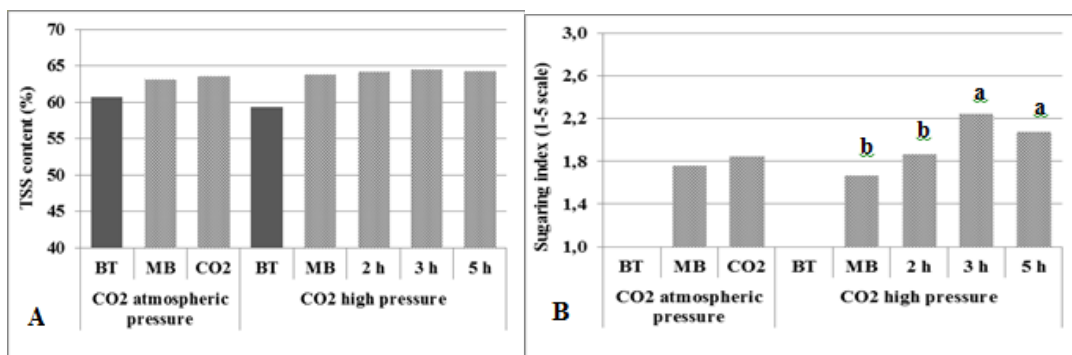


Fig. 3- Effect of 94% CO₂ at atmospheric pressure for 7 days, at 25 bar pressure for 2, 3 and 5 h, and MB treatment on TSS content (A) and sugaring index (B) values after 2.5 months of storage. BT=before treatment; Significant differences of exposure to CO₂ at high pressure at p< 0.05 level are indicated by different letters at top of histograms.

Evaluation of the results obtained in the present research reveals that CO₂ at atmospheric pressure can be utilized to maintain dried figs quality in storage. In addition, it serves as short term fumigation of dried figs. The gas-tight Volcani Cube™ can be suitable during early season when the storage capacity can be a limiting factor in the processing plants of the Turkish dry figs sector. Since most of the crop is processed and exported until Christmas, a good management plan is required to supply the processing lines with good quality of figs.

High pressure CO₂ applications are expensive as alternatives to MB for dried fruits disinfection but can be accepted as a viable alternative when short exposures are crucial. CO₂ may have an additional advantage in case of organic production since it is allowed in Turkish and other national regulations governing organic production.

ACKNOWLEDGMENT

The research is a part of the project (TTGV-P2/30m) entitled “Project to Phase-out Methyl Bromide in the Dried Fig Sector in Turkey” funded by the World Bank through the Multilateral Funds for the Implementation of the Montreal Protocol on Substances that Deplete the Ozone Layer.

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